

Α C Y P Α Α



SONOMA COUNTY

OUR CHANCE TO LIVE

XLVI

MARCH 1 - 4, 2018  
EMBASSY SUITES / CIVIC CENTER  
SAN RAFAEL, CA



# ACYPAA XLVI



## SONOMA COUNTY

### **“That Where There is Despair, I May Bring Hope”**

From October 8th to October 31st 2017, over a dozen large wildfires spread across Napa, Sonoma, and Lake counties. The Tubbs Fire was the most destructive wildfire in California history and took the lives of at least 22 people. Included in this wreckage was our original ACYPAA Round-Up facility, The Hilton Sonoma Wine Country. The ACYPAA 46 Host Committee would like to send our deepest love, appreciation, and gratitude for your support during this time. The work of various AA service branches, Young Peoples groups, and individual members from California and abroad was nothing short of astounding. It is a great honor to still have the opportunity to serve you this weekend. We would also like to recognize the immense losses suffered by those in Southern California. It is a privilege to stand with you today.

**“But out of this frightening and at first disrupting experience the conviction grew that A.A.’s had to hang together or die separately.**

**We had to unify our Fellowship of pass off the scene.” p. xix**

**ACYPAA XLVI**

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## **WELCOME**

Welcome to the 46th annual All California Young People in Alcoholics Anonymous (ACYPAA) Round-Up. Sonoma County Young Peoples of Alcoholics Anonymous (SOCYPAA) invites you to celebrate unity, service, and recovery this weekend. We encourage you to bring your experience, strength and hope from this weekend back to your area in efforts to help the still suffering alcoholic. It is our hope that you enjoy connecting with fellow recovering alcoholics, hearing the message of Alcoholic Anonymous, and feeling the magic that is ACYPAA. Never forget that you are not alone, we’re all in this together, and there is a solution.

## **REGISTRATION**

Registration will be located in the Embassy Suites Foyer throughout the Round - Up. Registration will be open as follows: Thursday 3pm - 6:30pm and 9:30pm - 11:30pm, Friday 8:30am - 6:30pm and 9:30pm - 11:30pm, and Saturday 8:30am - 6:30pm and 9:30pm - 11:30pm.

## **SPEAKER CHECK-IN**

We request that all Panel and Main Meeting speakers check- in with registration upon arrival.

## **SCHOLARSHIP REGISTRATION AND DONATION**

We understand that not everyone can afford to attend the Round-Up. If you cannot afford to register for ACYPAA, and would like to attend, we would like to assist you. If you would like to receive a Scholarship Registration or make a donation to the Scholarship Fund, please visit Registration.

**EMBASSY SUITES / CIVIC CENTER SAN RAFAEL, CA**

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## SMOKING POLICY

Please respect the Embassy Suites smoking policy by not smoking in your rooms. Smoking in designated areas only. We ask that you refrain from using e-cigarettes/vaping at all indoor meetings and events. Thank you.

## ANONYMITY STATEMENT

Moved by the spirit of anonymity, let us try to give up our natural desires for personal distinction as A.A. members both among our fellow alcoholics and before the general public. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

## PHOTO POLICY

In order to safeguard our own and each other's anonymity, we ask that you do not take any photos during any of the meetings. This includes cellphone photos.

## ASL INTERPRETATION

All Main Speaker Meetings will be ASL (American Sign Language) interpreted. ASL will be offered for Panels as needed.

## VOLUNTEER AND SPECIAL NEEDS

Please visit the Registration Table if you would like to be of service during the Round-Up, or if you have any special needs or questions regarding accomodation.

## ATTENDEE SAFETY AND LOST AND FOUND

Please visit our Registration Table if you need help or require assistance. Please turn in items you have found, or visit us if you are looking for a lost item.

## MERCHANDISE

Commemorate your ACYPAA XLVI experience by purchasing Official Round- Up merchandise (Please pick up any pre-ordered items in the merchandise room). Merchandise room will be located at the Embassy Suites in Conference Room 113. Merchandise hours are: Thursday 3:00pm-6:30pm and 9:30pm-11:00pm, Friday 9:00am-6:30pm and 9:30pm-11:00pm, Saturday 9:00am - 6:30pm and 9:30pm-11:00pm; and Sunday 9:00am-11:00pm.

## MEDITATION AND YOGA

Meditation and yoga will be located in the Embassy Suites Petaluma Room. Hours are: Thursday 3:00pm-12:00am, Friday 7:00am-12:00am, and Saturday 7:00am-12:00am.

## ARCHIVES

A.A. and ACYPAA Archives will be on display in the Embassy Suites Tiburon Room. Archive hours are: Thursday 3:00pm - 6:00pm, Friday 9:00am-6:00pm, and Saturday 9:00am-6:00pm.

# ACYPAA BID COMMITTEE TABLES

ACYPAA Bid Committee Tables will be located in the Embassy Suites Foyer Friday and Saturday during the hours of 10:00pm and 2:00am.

## BID SKITS

The Bid Skit Session will be held in the Civic Center Showcase Theater on Saturday from 8:00am-12:00pm.

# ACYPAA BID COMMITTEE TABLES

The regular business meeting of the ACYPAA Advisory Council will be held at 6:30pm in the Embassy Suites Belvedere Room, on Thursday evening. This is an open meeting and everyone is welcome to attend.

## DIGITAL PROGRAM

This Program is available for download through the app (YAPP). The download code is UFDY3. Schedule is subject to change. Stay up to date with this application.

# MAIN SPEAKER MEETINGS

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Voices of ACYPAA: Kevin L. & Cassie T. Prayer Chair: Andrew V.

## **THURSDAY 7PM-9PM - EMBASSY SUITES (SAN RAFAEL ROOM)**

Leader: Dan H • Preamble: Ricardo S. • How It Works: Kelcie W. • Traditions: Henry J. Facts, Aim, & Purpose: Chris C. • Safety Statement: Jessica F.  
Opening Speaker: Aidan C. (San Rafael, CA)  
Main Speaker: Sheila C. (Sacramento, CA)  
A Vision For You: Courtney S.

## **FRIDAY 7PM-9PM - CIVIC CENTER (EXHIBITION HALL)**

Leader: Kyle R. • Preamble: Leonard T. • How It Works: Justin H.  
Traditions: Charlie G • Facts, Aim, & Purpose: Brian H  
• Safety Statement: Dakota Q. • Theme: Elroy Z.  
County Roll Call: Jordan H. & Max K.  
Opening Speaker: Amy T. (Novato, CA)  
Main Speaker: Kevin R. (New Bedford, MA)  
A Vision For You: Danielle L.

## **SATURDAY 7PM-9PM - CIVIC CENTER (EXHIBITION HALL)**

Leader: Rachael G. • Preamble: Eliseo S. • How It Works: Michaley C.  
Traditions: Jesse A. • Facts, Aim, & Purpose: Hailey J.  
Safety Statement: Neil H • Sobriety Countdown: Ciara H. & Shaun G • Theme: Paige M.  
Opening Speaker: Adrian L. (Sacramento, CA)  
Main Speaker: Georgia B. (La Crescenta, CA)  
A Vision For You: Kelli A.

## **SUNDAY 9AM-11AM - EMBASSY SUITES (SAN RAFAEL ROOM)**

Leader: Isha R. • Preamble: Steven R. • How It Works: Max B. • Traditions: Tatiana F.  
Facts, Aim, & Purpose: Seth B. • Safety Statement: Acacia S.  
Opening Speaker: Monique P. (Santa Rosa, CA)  
Main Speaker: Edmond P. (Parker, CO)  
A Vision For You: Seth K

## FACTS, AIM, AND PURPOSE

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Alcoholism has no barriers, age included. Young people suffering from alcoholism have turned to Alcoholics Anonymous and found help there since AA's earliest days. In 1945, one of the first young people's groups in Alcoholics Anonymous was formed in Los Angeles to help carry the message of recovery to young people in AA.

The number of young people suffering from alcoholism, who turn to AA for help, continues to grow. At the 1960 AA convention, Bill W. noted the age of new members to be much lower in 1960 than when he and Dr. Bob founded AA 25 years earlier. The 2011 AA Membership survey reported 11% of the respondents under 30 years of age and 2% under 21 years of age.

The aim of young people's groups is to help newcomers understand that they need not experience years of drinking, loss of family, friends, and finances to be ready for sobriety. They help bring the newcomers into the mainstream of AA Recovery, Unity, and Service through the 12 Steps, 12 Traditions, and the 12 Concepts for World Service by carrying AA's message to the suffering alcoholic.

Young People's groups are in no way separate from Alcoholics Anonymous as a whole. Members are involved in and committed to Twelfth Step work, Hospital and Institution work, Public Information, General Service, and every other facet of AA Service. Newcomers are shown by people their own age that using AA principles in their daily lives and getting involved in AA Service can lead to a lasting and comfortable sobriety.

The purpose of young people's groups is to carry the Alcoholics Anonymous message to alcoholics no matter what their age.

In 1973, the All California Young People in Alcoholics Anonymous Roundup was established as an annual gathering in California to provide an opportunity for young AA's to come together and share their experience, strength, and hope. ACYPAA is visible evidence that large numbers of people are achieving a lasting and comfortable sobriety in Alcoholics Anonymous. AA's who attend an ACYPAA Roundup return home better prepared to receive young alcoholics who come to AA seeking recovery.

The ACYPAA Roundup is held anywhere in California where young people's groups can demonstrate: 1) the need for an activity like this to stimulate greater involvement and participation by young people in their area; 2) the ability of their group to function responsibly within the principles of Alcoholics Anonymous; and 3) the ability of the group to host a Roundup representative of the diversity of California young people in Alcoholics Anonymous. The ACYPAA Advisory Council selects the site for future ACYPAA Roundups from groups that present formal bids and it has been established as the custodian of the Roundups experience.

If you are a young person in AA where there are few other young people, or if you are a member of a young people's group that is not as active as it might be, it is hoped that you will find encouragement in this message. There are others, like you, who are staying sober in AA and trying to carry AA's message to alcoholics who still suffer, especially young people. If you have questions or experience to share about young people's groups in AA or the All California Young People in Alcoholics Anonymous Roundup, please contact: [www.acypaa.org](http://www.acypaa.org)

## SOCYPAA NEEDS STATEMENT

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"ACYPAA has this magical effect - through its opportunities in service, unity, and recovery - to bring about a lasting spark. We've seen it and felt it ourselves. Just as ACYPAA has encouraged the formation of countless YPAAs before us, we would be honored to take part in inspiring the formation of new and needed young people's committees in the north. We would also love to help light the fire in both Marin and Sonoma County for young people who are strong members of A.A., but have yet to find a place in YPAA.

We started out as a small committee that threw events a couple of times a year - one that desperately wanted to demonstrate sober fun. We have higher expectations for ourselves today. We feel that we have grown into a committee that shows up, gets to work, and uses our mistakes as learning opportunities (we've had several learning opportunities of the years). We have made friends and built relationships with so many other YPAAs and we do our best to be a committee that people would be happy to join. We are well-engrained in the community, both in Sonoma County and California YPAA as a whole. We believe we have the commitment, efficiency, and effectiveness to put on a conference that takes such hard work and dedication.

When you're new, you kind of think your life is over. Then you realize there are so many people your age, and younger, who got loaded and now they don't. You realize you aren't alone. One day, you walk into the room of an ACYPAA main meeting and you see all these people have messed up their lives, created wreckage, but came to find a new hope. They are doing something different with their lives. You quiet yourself and 2,000 other crazy young people do the same. You take a deep breath, and you all pray, together. You get this feeling like you never have to be alone again, and maybe you never were. Maybe you were just looking in all the wrong places. You hold hands and you jump on chairs and you dance and realize that we are in this all together. You find the fellowship you crave, and you realize the party isn't over... It's just different. You get that feeling, and all you want to do is share it. All we want to do is share it - with the friends we have made in this, and the ones we have yet to find. SOCYPAA would be honored to share this unique privilege to both those who wish to and have yet to experience it."

# ENTERTAINMENT

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## THURSDAY

- 3PM - MEDITATION/YOGA
- 12AM EMBASSY SUITES (PETALUMA ROOM)
- 7PM - MAIN SPEAKER MEETING
- 9PM EMBASSY SUITES (SAN RAFAEL ROOM)
- 9PM - INDOOR POOL PARTY
- 11PM EMBASSY SUITES (INDOOR POOL)
- 10PM - ACYPAA SILENT DISCO - PRE-ROUND UP EVENT
- 1AM 240 CHANNING WAY, SAN RAFAEL, CA
- 10PM - HUNGRY HIPPO IRL
- 12AM EMBASSY SUITES (NOVATO/LARKSPUR ROOM)

## FRIDAY

- 7AM - MEDITATION/YOGA
- 12AM EMBASSY SUITES (PETALUMA ROOM)
- 12PM - SPEED FELLOWSHIP
- 2PM EMBASSY SUITES (NOVATO/LARKSPUR ROOM)
- 3PM - BIG BOOK TRIVIA
- 5PM EMBASSY SUITES (NOVATO/LARKSPUR ROOM)
- 7PM - MAIN SPEAKER MEETING
- 9PM CIVIC CENTER (EXHIBITION HALL)
- 10PM - DANCE
- 1AM CIVIC CENTER (EXHIBITION HALL)
- 10PM - BID CITIES
- 2AM EMBASSY SUITES FOYER

# ENTERTAINMENT

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- 10PM - DRAG SHOW
- 12AM EMBASSY SUITES (CORTE MADERA ROOM)

## SATURDAY

- 7AM - MEDITATION/YOGA
- 12AM EMBASSY SUITES (PETALUMA ROOM)
- 8AM - BID SKITS
- 12PM CIVIC CENTER (EXHIBITION HALL)
- 9AM - 5K RUN
- 11AM EMBASSY SUITES (PATIO)
- 12PM - COMEDY SHOW
- 2PM EMBASSY SUITES (NOVATO/LARKSPUR ROOMS)
- 3PM - RAP BATTLE
- 5PM CIVIC CENTER (EXHIBITION HALL)
- 7PM - MAIN SPEAKER MEETING
- 9PM CIVIC CENTER (EXHIBITION HALL)
- 10PM - DANCE
- 1AM CIVIC CENTER (EXHIBITION HALL)
- 10PM - BID CITIES
- 2AM EMBASSY SUITES (CORTE MADERA ROOM)
- 10PM - ROCKY HORROR PICTURE SHOW
- 12AM EMBASSY SUITES (NOVATO/LARKSPUR ROOMS)

## SUNDAY

- 9AM - MAIN SPEAKER MEETING
- 11AM EMBASSY SUITES (SAN RAFAEL ROOM)

## PANELS

### THURSDAY

#### 3:30pm Practicing Principles in Daily Affairs (Mill Valley Room)

*"We discovered the principles by which the indicald alcoholic could live"*

Leader: Seth B. • Speakers: Amy E. (Santa Rosa, CA) • Justin H. (San Francisco, CA) • Kati M. (Santa Rosa, CA)

#### 3:45pm My life is Good - Now What? (Sausalito Room)

*"Our next function is to grow in understanding and effectiveness"*

Leader: Danielle L-G. • Speakers: Caitlin E (Sacramento, CA) • Dallas M. (Petaluma, CA) • Ella C. (Portland, ME)

#### 4:45pm My Three Legged Stool (Mill Valley Room)

*Maintaining balance (or not) between Unity, Service, and Recovery*

Leader: Charlie G. • Speakers: Evan L. (Westminster, CA) • Julius Y. (Long Beach, CA) • Yeelen E. (San Anselmo, CA)

#### 5:00pm The Good, the Bad, and the Bidding (Sausalito Room)

*Members share their experiences on bid committees*

Leader: Brian H. • Speakers: Gabe S. (Reno, NV) • Kristen W. (Sebastopol, CA) • Maddie F. (Concord, CA)

#### 9:30pm What the Big Book Doesn't Tell You (Mill Valley Room)

*Suggestions and traditions not found in the first 164 pages*

Leader: Andrew V. • Speakers: Amy D. (San Rafael, CA) • Brad W. (Mill Valley, CA) • Dorian G. (Sacramento, CA)

#### 9:45pm Complacency (Sausalito Room)

*"The time has come when he ought to redouble his efforts"*

Leader: Will C. • Speakers: Emily G (Sacramento, CA) • Jordan R. (Davis, CA) • Peyton C. (Ventura, CA)

#### 10:45pm Relapse (Mill Valley Room)

*"Insanity returns and then we drink"*

Leader: Julia N. • Speakers: Cooper E. (San Ramon, CA) • Julia M. (Redwood City, CA) • Ethan W-D. (Rancho Santa Margarita, CA)

#### 11:00pm Matching Calamity with Serenity (Sausalito Room)

*Experiences dealing with grief and tragedy*

Leader: Jordan H. • Speakers: Lexy H. (Oakland, CA) • Neal F. (Portland, OR) • Steven R-O. (Santa Rosa, CA)

## PANELS

### FRIDAY

#### 8:00am War Fever Ran High (Mill Valley Room)

*AA's in the Military*

Leader: Justin H. • Speakers: Chris M. (Fresno, CA) • Josh M. (Santa Rosa, CA) • Pat N. (Santa Rosa, CA)

#### 8:30am Adulthood (Sausalito Room)

*"Never avoid these responsibilities, but be sure you are doing the right thing if you assume them"*

Leader: Seth B. • Speakers: Emily M. (San Jose, CA) • Leslie S. (Greenbrae, CA) • Mehruz S. (Dana Point, CA)

#### 9:15am Amends and Promises (Mill Valley Room)

*"If we are pain staking about this phase of our development..."*

Leader: Leonard T. • Speakers: Jacob S. (San Francisco, CA) • Morgan V. (Pomona, CA) • Will F. (San Rafael, CA)

#### 9:45am PI-CPC, Bridging the Gap, Grapevine (Sausalito Room)

*"Our trusted servants"*

Leader: Courtney S. • Speakers: Mike C. (Cotati, CA) • Spencer R. (San Jose, CA) • Cindi W. (Santa Rosa, CA)

#### 10:30am How to Help a Committee - Not Destroy it (Mill Valley Room)

*Service is gratitude in action*

Leader: Dan H. • Speakers: Danielle T. (Arcata, CA) • Kyle C. (Laguna Hills, CA) • Rodrigo A. (Oceanside, CA) • Julie O. (Fresno, CA)

#### 11:00am Never Too Old for YPAA (Sausalito Room)

*This seems kinda self-explantatory...*

Leader: Justin H. • Speakers: Jobbie S. (Petaluma, CA) • Regina P. (Reno, NV) • Ryan R. (Manteca, CA)

#### 11:45am Never Had a Legal Drink (Mill Valley Room)

*"To be gravely affected, one does not necessarily have to drink for a long time"*

Leader: Hailey J. • Speakers: Mandy B. (Rancho Cordova, CA) • Ruby M. (Oakland, CA) • Samuel M. (Oakland, CA)



## PANELS

### FRIDAY (CONT...)

#### 12:15pm Sobriety in the Workplace (Sausalito Room)

*"Your job now is to be at the place where you can be of maximum helpfulness to others"*

Leader: Kyle R. • Speakers: Linda T. (Forestville, CA) • Keli M. (San Geronimo, CA)  
• Tim B. (Walnut Creek, CA)

#### 1:00pm Taking a Trip, Not Taking a Trip (Mill Valley Room)

*Members share experience with moving in sobriety*

Leader: Max K. • Speakers: Cecily K. (Cambell, CA) • Nick R. (Portland, OR) • Sean O. (Oakland, CA)

#### 1:30pm Sponsorship (Sausalito Room)

*"We usually find a solitary self-appraisal insufficient"*

Leader: Kelcie W. • Speakers: Alan C (Cleveland, OH) • Bobby F. (Foxborough, MA)  
• Stephanie J. (Folsom, CA)

#### 2:15 Family Afterward (Mill Valley Room)

*"The entire family is, to some extent, ill"*

Leader: Michaley C. • Speakers: Danny K (Lodi, CA) • Katie D. (Covina, CA) • Kari H. (Redding, CA)

#### 2:45pm We Don't Drink No Matter What (Sausalito Room)

*Walking through our reservations in sobriety*

Leader: Danielle L. • Speakers: Allie B. (San Anselmo, CA) • Khalil C. (Oakland, CA)  
• Laura K. (San Rafael, CA)

#### 3:30pm Al-anon, Alateen, and Double Winners (Mill Valley Room)

*Oh My!*

Leader: Kelli A. • Speakers: Paula G. (San Anselmo, CA) • Spencer D. (Mill Valley, CA)  
• Calvin C. (San Rafael, CA)

#### 4:00pm Atheists and Agnostics (Sausalito Room)

*"He can choose any conception he likes, provided it makes sense to him"*

Leader: Chris C. • Speakers: Katie G. (Dublin, CA) • Jeremy L. (San Diego, CA)  
• Joshua C. (Woodland Hills, CA)

#### 4:45pm From Bleeding Deacon to Elderstatesman (Mill Valley Room)

*It takes ego to get into service, but humility to stay*

Leader: Paige M. • Speakers: Cait L. (Davis, CA) Krystal M. (San Leandro, CA)  
• Max D. (San Jose, CA)

## PANELS

### FRIDAY (CONT...)

#### 10:00pm Introverts in YPAA (Sausalito Room)

*"We can be alone at perfect peace and ease"*

Leader: Shaun G. • Speakers: Jen H. (Oakland, CA) • Jessica C-F. (Suisun City, CA)  
• Micah M. (Escalon, CA)

#### 10:30pm Skeptics (Mill Valley Room)

*"Those who came to scoff, remain to pray"*

Leader: Will C. • Speakers: Jesse W. (Los Angeles, CA) • Lindsay L. (San Rafael, CA)  
• Sean G. (San Luis Obispo, CA)

#### 11:15pm Controversy (Sausalito Room)

*"No opinion on outside issues - yeah right!"*

Leader: Isha R. • Speakers: Eric A. (Berkeley, CA) • Gina B. (Sacramento, CA)  
• Hannah M-D. (Petaluma, CA)

#### 11:45pm WHYPAA (Mill Valley Room)

*AA's share about their love/hate relationship with YPAA*

Leader: Max B. • Speakers: David M. (Eureka, CA) • Kira K. (Santa Cruz, CA)  
• Marissa S. (Woodland Hills, CA)

## SATURDAY

#### 8:00am 11th Step (Mill Valley Room)

*"We found God does not make too hard terms with those who seek..."*

Leader: Seth K. • Speakers: Alex F. (San Francisco, CA) • Erika F. (San Rafael, CA)  
• Miguel B. (Sherman Oaks, CA)

#### 8:15am Wreckage of Our Past (Sausalito Room)

*Members' experiences dealing with the legal system in sobriety*

Leader: Cassie T. • Speakers: Josh B. (Marin, CA) • Kellie B. (Marin, CA)  
• Miles M. (Livermore, CA)

#### 9:15am Leggo my Ego (Mill Valley Room)

*"...To bolster egotism and so frustrate spiritual development"*

Leader: Elroy Z. • Speakers: Karen R. (Santa Rosa, CA) • Michelle P. (Santa Rosa, CA)  
• Nick P. (North Hollywood, CA)

## PANELS

### SATURDAY (CONT...)

#### 9:30am General Service, H&I, Intergroup (Sausalito Room)

*"In a spirit of love and service"*

Leader: Jessica F. • Speakers: Amber H. (Cotati, CA) • Ben A. (Santa Rosa, CA)  
• Patrick (Sabastopol, CA)

#### 10:30am Alcoholics Anonimos (Mill Valley Room)

*"Experimental, feurza, y esperanza"*

Leader: Elisea S. • Speakers: Jess B. (Oakland, CA) • Jimena B. (Petaluma, CA)  
• Manuel G. (Petaluma, CA)

#### 10:45am Old Timers (Sausalito Room)

*"They become the real and permanent leadership of AA"*

Leader: Justin H. • Speakers: Dave G. (Fairfield, CA) • Tom B. (Santa Cruz, CA)  
• Robin J. (Rio Nido, CA)

#### 11:45am Identity Issues in AA (Mill Valley Room)

*"Alcohol being no respecter of persons, we are an accurate cross section of America"*

Leader: Jessica F. • Speakers: Danji C. (Seattle, WA) • Matt M. (Union City, CA)  
• Sandy B. (Mt. Shasta, CA)

#### 12:00pm 6th and 7th Step Workshop (Sausalito Room)

*"These are the steps that separate the men from the boys"*

Leader: Max K. • Speakers: Faye W. (San Rafael, CA) • Steve A. (Santa Rosa, CA)

#### 1:00pm Women's Emotional Sobriety (Mill Valley Room)

*"...We stay sober, keep in emotional balance, and live to good purpose..."*

Leader: Isha R. • Speakers: Bryn D. (Elk Grove, CA) • Joelle S. (San Diego, CA)  
• Noel C. (Reno, CA)

#### 1:15pm Men's Emotional Sobriety (Sausalito Room)

*"trying to produce some such emotional rearrangement..."*

Leader: Jesse A. • Speakers: AJ B. (San Francisco, CA) • Dave U. (Sacramento, CA)  
• Forrest T. (Mill Valley, CA)

#### 2:15pm AA History (Mill Valley Room)

*"The fledging society, which had been nameless, now began to be called Alcoholics Anonymous"*

Leader: Henry J. • Speakers: Jackie B. Historian (San Francisco, CA) • Kim S.  
Archivist (San Francisco, CA)

## PANELS

### SATURDAY (CONT...)

#### 2:30pm LGBTQA (Sausalito Room)

*Happy, joyous, and free*

Leader: Steven R-O. • Speakers: Kreeana B. (Roseville, CA) • Peter W. (Stockton, CA)  
• PJ N. (San Jose, CA)

#### 3:30pm Doctors' Opinion (Mill Valley Room)

*"Men who have had experience with the sufferings of our members and witnessed our return to health"*

Leader: Cassie T. • Speakers: Dr. Chanda Rankin • Dr. David Smith • Dr. Rick Levine

#### 3:45pm Grave Emotional and Mental Disorders (Sausalito Room)

*"Many of them do recover if they have the capacity to be honest"*

Leader: Tatianna F. • Speakers: Ada R. (West Sacramento, CA) • Rachael G. (Port-  
land, OR) • Zachel S. (Livermore, CA)

#### 4:45pm Safety in AA with Q&A (Mill Valley Room)

*"...our common welfare comes first but individual welfare comes close afterward"*

Leader: Acacia S. • Speakers: Ariel W. (Long Beach, CA) • Juliet H. (Pinole, CA)  
• Kirk H. (Las Vegas, NV)

#### 10:00pm Dating and Relationships (Sausalito Room)

*"No situation is too difficult and no unhappiness too great to overcome"*

Leader: Acacia S. • Speakers: Ford S. (Seattle, WA) • Jade P. (North Highlands, CA)  
• Julia N. (San Francisco, CA)

#### 10:30pm Not All Bottoms Are Created Equal (Mill Valley Room)

*"It was obviously necessary to raise the bottom the rest of us had to hit to the point where it would hit  
them"*

Leader: Hailey J. • Speakers: Allesanda T. (Napa, CA) • Emily E. (San Francisco, CA)  
• Quinn D. (San Rafael, CA)

#### 11:15pm I Used to Be An Addict, Now I'm Not (Sausalito Room)

*Alcoholics that came in for other things and identified with Alcoholism*

Leader: Paige M. • Speakers: Claire P. (Santa Rosa, CA) • Logan S. (Elk Grove, CA)  
• Omid F. (Santa Barbara, CA)

#### 11:45pm From Parking Lot Sobriety to Internet Sobriety (Mill Valley Room)

*"Members share their experiences relying to heavily on the 'fellowship' of AA"*

Leader: Jordan H. • Speakers: Eric S. (San Jose, CA) • Parker K. (Laguna Hills, CA)  
• Rachel C. (West Sacramento, CA)

# MARATHON

LOCATED IN THE SANTA ROSA ROOM

THURSDAY		
MAIN MEETING 7PM - 9PM		
10pm	Honesty	TNB SAC
11pm	Hope	WILD BUNCH
FRIDAY		
12am	Birthday Chip	WACYPAA
1am	Faith	LKYPAA
2am	Courage	SCCYPAA
3am	Integrity	SFVYPAA
4am	Open Mindedness	Too Young SAC
5am	Willingness	HACYPAA
6am	Unity	TUFYPAA
7am	Perseverance	EASYPAA
8am	Service	Boise Boiz
9am	Balance	Monday Night Live Dublin
10am	Spirituality	New England God Squad

FRIDAY (CONT.)		
11am	Gratitude	REDYPAA
12pm	Step 1	HCYPAA
1pm	Step 2	OUT OF THE ASHES
2pm	Step 3	YOUNG AT HEART (Reno)
3pm	Step 4	SANJYPAA
4pm	Step 5	AOCYPAA
5pm	Step 6	GGYPAA
6pm	Step 7	ROOSTERS OUT THE COOP
MAIN MEETING 7PM - 9PM		
10pm	Step 8	TUCYPAA
11pm	Step 9	FCYPAA
SATURDAY		
12am	Step 10	VCYPAA
1am	Step 11	SBYPAA
2am	Step 12	SINKING SHIP

# MEETINGS

SATURDAY (CONT.)		
3am	Responsibility	EBYPAA
4am	Dating	IVYPAA
5am	Making Amends	GSDYPAA
6am	Meditation	4th Dimension Orange County
7am	Prayer	MCVYPAA
8am	Anonymity	SOLYPAA
9am	Serenity	SWACYPAA V
10am	Dealing With Illness	FLORIDA CREW
11am	"I deserve this"	SOCALYPAA X
12pm	Having Fun	NOR CAL BID FOR ICYPAA
1pm	Relationships with Family	YOLYPAA
2pm	Finding a Higher Power	PENYPAA
3pm	Making 86-88 A Routine	SACYPAA
4pm	Old Behaviors	TRICYPAA

SATURDAY (CONT.)		
5pm	"I spilled more than you drank"	EASYPAA
6pm	Working Sober	FNYP VACAVILLE
MAIN MEETING 7PM - 9PM		
10pm	Character Defects	SBYPAA
11pm	Loving Yourself	NAPYPAA
SUNDAY		
12am	Future Tripping	RENVYPAA
1am	Staying Humble	TITYPAA
2am	Setting Boundries	OCYPAA
3am	Never Had a Legal Drink	CRUZYPAA
4am	Triggers	NSDYPAA
5am	Clearing Wreckage	Young and Sober Covina
6am	Codependance	MONYPAA
7am	Sponsorship	Primary Purpose Group
8am	Feelings	HASBYPAA
MAIN MEETING 9AM - 11AM		

# HOSPITALITY

LOCATED IN THE ROSS ROOM

## THURSDAY

5pm - 6pm BACYPAA/WACYPAA Host (Potatoes)  
 6pm - 7pm LCYPAA (Green Horns)

## FRIDAY

9am - 10am SBYPAA (An Hour with Your Inner Voices)  
 10am - 11am SANJYPAA (God sized Donut Holes)  
 11am - 12pm NSDY PAA (Nap time with NSDY PAA)  
 12pm - 1pm SFVYPAA (PB J)  
 1pm - 2pm SORYPAA (Snacks and Board Games with SORYPAA)  
 2pm - 3pm GGY PAA ("We are not a glum lot!")  
 3pm - 4pm SLOPY PAA (SNACKS AND CATS)  
 4pm - 5pm SACY PAA (Minute to win it)  
 5pm - 6pm AOCYPAA (Don't drink the kool-aid)  
 6pm - 7pm Nor Cal bid for ICYPAA (Nor Cal bid for ICYPAA)

## SATURDAY

9am - 10am YOLYPAA (Sicker than Most)  
 10am - 11am RENVYPAA (No longer whistling in the dark)  
 11am - 12pm OCYPAA (PB and Chill)  
 12pm - 1pm TITYPAA (TITYPAA)  
 1pm - 2pm SCCYPAA (The Very Thing, an Oasis)  
 2pm - 4pm TUFYPAA (FCYPAA & TUCYPAA) (The Gateway to Recovery)  
 4pm - 5pm SOLYPAA (Cutthroat UNO craziness with SOLYPAA)  
 5pm - 6pm NAPYPAA (#staywoke)  
 6pm - 7pm HASBY PAA (Nerf War)

	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am
Petaluma Room			MEDITATION / YOGA									
Mill Valley Room		PANELS						PANELS				
Sausalito Room		PANELS							PANELS			
Ross Room					HOSPITALITY							
San Rafael Room						MAIN MEETING						
Indoor Pool									POOL PARTY			
240 Channing Way, San Rafael										SILENT DISCO		
Novato Room										HUNGRY		
Larkspur Room										HIPPO		
Santa Rosa Room										MARATHON MEETINGS		

**FRIDAY CONTINUED**

	3am	4am	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm
Santa Rosa Room	<b>MARATHON MEETINGS</b>											
Petaluma Room	<b>MEDITATION / YOGA</b>											
Mill Valley Room	<b>PANELS</b>											
Sausalito Room	<b>PANELS</b>											
Ross Room	<b>HOSPITALITY</b>											
Novato Room	<b>SPEED FELLOWSHIP</b>											
Larkspur Room	<b>FELLOWSHIP</b>											

**FRIDAY CONTINUED**

	3am	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am
Santa Rosa Room	<b>MARATHON MEETINGS</b>											
Petaluma Room	<b>MEDITATION / YOGA</b>											
Mill Valley Room	<b>PANELS</b>											
Sausalito Room	<b>PANELS</b>											
Ross Room	<b>HOSPITALITY</b>											
Civic Center	<b>MAIN MEETING DANCE</b>											
Novato Room	<b>BIG BOOK</b>											
Larkspur Room	<b>TRIVIA</b>											
Embassy Suites Foyer	<b>BID CITIES</b>											
Corte Madera Room	<b>DRAG SHOW</b>											

**SATURDAY**

**SATURDAY CONTINUED**

	3am	4am	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm
Santa Rosa Room	<b>MARATHON MEETINGS</b>											
Petaluma Room	<b>MEDITATION / YOGA</b>											
Mill Valley Room	<b>PANELS</b>											
Sausalito Room	<b>PANELS</b>											
Ross Room	<b>HOSPITALITY</b>											
Civic Center	<b>BID SKITS</b>											
Embassy Suites Patio	<b>5K RUN</b>											
Novato Room	<b>COMEDY SHOW</b>											
Larkspur Room	<b>COMEDY SHOW</b>											

**SATURDAY CONTINUED**

	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am
Santa Rosa Room	<b>MARATHON</b>		<b>MEETINGS</b>									
Petaluma Room	<b>MEDITATION / YOGA</b>											
Mill Valley Room	<b>PANELS</b>		<b>PANELS</b>									
Sausalito Room	<b>PANELS</b>		<b>PANELS</b>									
Ross Room	<b>HOSPITALITY</b>											
Civic Center	<b>RAP BATTLE</b>		<b>MAIN MEETING</b>		<b>DANCE</b>							
Novato Room	<b>ROCKY HORROR PICTURE SHOW</b>											
Larkspur Room	<b>ROCKY HORROR PICTURE SHOW</b>											
Embassy Suites Foyer	<b>BID CITIES</b>											

**SUNDAY CONTINUED**

	3am	4am	5am	6am	7am	8am	9am	10am	11am	12pm	
Santa Rosa Room	<b>MARATHON MEETINGS</b>										
Petaluma Room					<b>YOGA</b>						
San Rafael Room								<b>MAIN MEETING</b>			

**ACYPAA XLVI COMMITTEE**

Chair: Kyle R.  
 Co-Chair: Dan H.  
 Secretary: Isha R.  
 Co-Secretary: Hailey J.  
 Treasurer: Shaun G.  
 Co-Treasurer: Elroy Z.  
 Facilities Chair: Chris C.  
 Co-Facilities: Ciara H.  
 Outreach Chair: Henry J.  
 Co-Outreach: Elroy Z.  
 Bylaws Chair: Dakota Q.  
 Co-Bylaws: Kevin L.  
 Hospitality: Danielle L.  
 Co-Hospitality: Charlie G.  
 Registration: Jordan H.  
 Co-Registration: Isha R.  
 Communications: Courtney S.  
 Events: Max K.  
 Co-Events: Leonard T.  
 Entertainment: Ciara H.  
 Co-Entertainment: Mario M.  
 Programs: Rachael G.  
 Co-Programs: Paige M.  
 Graphics Chair: Brian H.  
 Co-Graphics: Kevin L.  
 Webmaster: Seth B.  
 Unity Chair: Cassie T.  
 Prayer Chair: Andrew V.

Security Chair: Neil H.  
 Co-Security: Dakota Q.  
 Literature Chair: Tatiana F.  
 Inreach (Female): Acacia R.  
 Inreach (Male): Max B.  
 Spanish Sp. A.A. Liaison: Eliseo S.  
 Sponsorship (Female): Michaley C.  
 Sponsorship (Male): Max K.  
 Marathon Meeting Chair: Dan H.  
 Co-Marathon Meeting: Jesse A.  
 Accessibilities Chair: Kelcie W.  
 Co-Accessibilities: Jahan N.  
 Merchandise Chair: Michaley C.  
 Co-Merchandise: Crunchy  
 Bid Cities Liaison: Courtney S.  
 Transportation Chair: Chris C.  
 Volunteer Chair: Cassie T.  
 Co-Volunteer: Matt  
 Archives Chair: Seth K.  
 Alanon/Alateen Chair: Keli A.  
 CNCA 06 Liaison: Jonny W.  
 Gen Svc Liaison (Dis. 12): Jonny W  
 Sonoma County Intergroup: Leonard T  
 LGBTQ Liaison: Steven R.  
 Co-LGBTQ: Parker  
 H&I Chair: Jessica F.  
 Native American Liaison: Ricardo S  
 GOAT Chair: Justin J.

## 12 STEPS

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1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

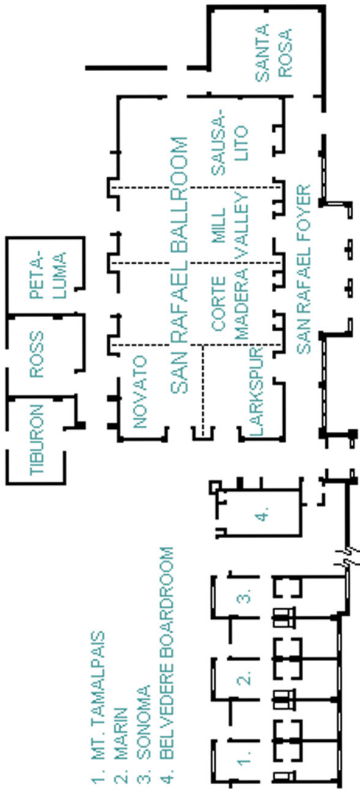
## 12 TRADITIONS

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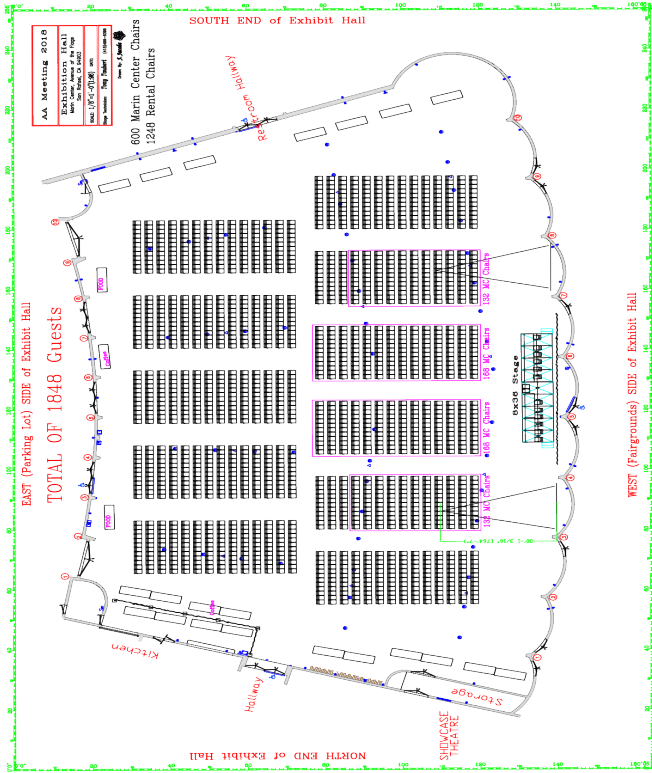
1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.



# EMBASSY SUITES HOTEL MARIN COUNTY - GROUND FLOOR



- 1. MT. TAMALPAIS
- 2. MARIN
- 3. SONOMA
- 4. BEL YEDERE BOARDROOM



WEST (Fairgrounds) SIDE of Exhibit Hall



## HEADED SOUTH

- Take exit 455 from US 101 S. toward Manuel T Freitas Pkwy.
- Turn left onto Manuel T Freitas Pkwy.
- Turn right onto Civic Center Drive.
- Make a left onto Mclnnis Pkwy.
- Hotel will be on the right hand side.

## HEADED SOUTH

- Take exit 455 from US 101 N. toward Manuel T Freitas Pkwy.
- Turn right onto Civic Center Drive.
- Make a left onto Mclnnis Pkwy.
- Hotel will be on the right hand side.

**MARCH 1 - 4, 2018**  
**SAN RAFAEL, CA**

**EMBASSY SUITES / CIVIC CENTER**



- Lunch/Dinner**
- 5) BJ's - 5800 Northgate Dr #159
  - 6) Applebee's 5800 Northgate Dr. #8
  - 6) Roadside BBQ 5000 Northgate Dr.
  - 7) Sonoma Taco Shop 210 Northgate Dr
  - 8) Three Martian's Pizza 424 Las Gallinas Ave. Delivery PH# 415-472-6277
  - 9) Sol Food 901 Lincoln Ave Delivery PH# 415-451-4765
- Breakfast**
- 1) Black Bear Diner 490 Gallinas Ave
  - 2) Joe's Café 4150 Redwood Hwy
  - 3) Eduardo's 4200 Redwood Hwy
  - 4) Bogie's Café 48 N. San Pedro Rd.

**ACYPAR XLVI**



ACYPAA XLVI

OUR CHANCE TO LIVE

SONOMA  
COUNTY