STRANGE AS THIS MAY SEEM

On the other hand- and strange as this may seem to those who do not understand-once a psychic change has ocurred, the very same person who seemed doomed, who had so many problems he despaired of ever solving them, suddenly finds himself easily able to control his desire for alcohol, the only effort necessary being that required to follow a few simple rules.

WELCOME

Welcome to ACYPAA 48!

On behalf of the host committee, we would like to thank you from the bottom of our hearts for joining us for a weekend of fellowship, freedom, and recovery. The topic of safety is of the utmost importance at ACYPAA. We ask that each and every attendee helps to provide a safe environment this weekend. Remember that we are all responsible. We come to ACYPAA to see old friends, make new ones and, most importantly, to carry the message of Alcoholics Anonymous to the newcomer experiencing this for the first time.

Please be mindful of what is going on around you. If at any time you feel unsafe; physically, emotionally, sexually, or spiritually, please find someone wearing a host committee shirt. We promise to handle the situation with compassion and discretion, to respect both your anonymity and AA's as a whole. Remember that we are all in this together. That our very lives depend upon the Unity of Alcoholics Anonymous and the spiritual principles found within our Three Legacies; found within each of us. Love and tolerance is our code.

"Each member of Alcoholics Anonymous is but a small part of a great whole.A.A. must continue to live or most of us will surely die.Hence our common welfare comes first.But individual welfare follows close afterward."

INFORMATION

REGISTRATION

If you are registered, come pick up your lanyard and if you're not, you can register at the door for \$35.

Registration will be open the following days/times located in the main foyer at the Sheraton Grand and at the main meeting Friday night at the Memorial Auditorium.

Thursday, February 27 | Sheraton Grand|1pm-12am
Friday, February 28 | Sheraton Grand | 9am-5pm; 10pm-12am
Friday, February 28 | Memorial Auditorium | 6pm-8pm
Saturday, February 29 | Sheraton Grand | 9am-5pm

ACCESSIBILITY

ASL interpretation available upon request. Please visit the NorCal Accessibility Committee table for ASL interpretation. Spanish interpretation is available at the main meetings. For any other accessibility concerns, please find the nearest ACYPAA 48 committee host member and they will direct you to someone who can help.

VOLUNTEER

Volunteer check-in and sign-up table will be located by the registration table. If you are looking to be of service come see us. We would love your help!

ARCHIVES

Come see how ACYPAA got to where it is today. In the Archives Room we will be showcasing previous host committee's bid packages, programs, merchandise, flyers and much much more!

ACY MART

Energy drinks and snaccs; also conveniently located in the same room as all your favorite ACYPAA merch.

10pm-4am | Thursday-Saturday | Carr

MAIN MEETINGS

THURSDAY, February 27

Opening Speaker: Chad E. (Baton Rouge, LA)

Main Speaker:
Gaynail J. (Sacramento, CA)

7:00pm - 9:00pm Camelia Room

Secretary: Logan S.
Preamble: Maddy D.
12 Traditions: Ashley C.
Safety Statement: Will D.
Facts, Aims, & Purpose: Al E.
Opening Remarks: Katie H., ACM
Voices: Lindsey W. & Cameron J
Theme: Kat V.

<u>SATURDAY, February 29</u>

Opening Speaker: Dave U. (The Gutter)

Main Speaker: Samantha M. (Santa Barbara, CA)

7:00pm - 9:00pm Memorial Auditorium (1515 J. St. Sacramento, CA 95814)

Secretary: Justin K.
Preamble: Cassie T.
How it Works: Chase R.
Safety Statement: Edi B.
Facts, Aims, & Purpose: Ezra L.
Opening Remarks: Kathi F.,
Pacific Regional Trustee
Voices: Lindsey W. & Cameron J.
Sobriety Countdown: Kim W. & Alex S.

<u>FRIDAY, February 28</u>

Opening Speaker: Chandler C. (Sacramento, CA)

Main Speaker: Billy N. (Atlanta, GA)

7:00pm - 9:00pm Memorial Auditorium (1515 J. St. Sacramento, CA 95814)

Secretary: Paige M.
Preamble: Jason H.
12 Traditions: Richard D.
Safety Statement: Rachel S.
Facts, Aims, & Purpose: Lizzy M.
Opening Remarks: Tom A., Area 7
Delegate
Voices: Lindsey W. & Cameron J.
County Roll Call: Brian R. & Krystal M.

<u>SUNDAY , March 1</u>

Opening Speaker: Marissa S. (Tarzana, CA)

Main Speaker: Adrian L. (Elk Grove, CA)

> 9:00am - 11:00am Camelia Room

Secretary: Emily L.
Preamble: Aaron B.
12 Traditions: CHelsea P.
Safety Statement: Leah D.
Facts, Aims, & Purpose: Rigo S.
Voices: Lindsey W. & Cameron J.

THURSDAY PANELS

<u>Tofanelli Room</u>

<u>Bataglieri Room</u>

4:00 PM

4:15 PM

4:30 PM

4:45 PM

5:00 PM

5:15 PM They Stopped in Time: High Bottom Mark V. (Petaluma, CA) Amanda K. (Elk Grove, CA) Matt V. (San Diego, CA)

5:30 PM

5:45 PM

Moderated by Rachel S. 6:00 PM

6:15 PM

6:30 PM

6:45 PM

7:00 PM

7:15 PM

7:30 PM

7:45 PM

8:00 PM

8:15 PM

8:30 PM

8:45 PM

9:00 PM

9:15 PM

9:30 PM

9:45 PM

Boundaries

Elizabeth V. (Sacramento, CA) Chris C. (Oakland, CA) Regina K. (Sacramento, CA) Moderated by Christina R. 10:00 PM

10:15 PM

10:30 PM

10:45 PM

11:00 PM

AA Myth Busters Sara G. (Norco, CA) 11:15 PM

Dan M. (Reno, NV) 11:30 PM Victor T. (Sacramento, CA)

Moderated by Aaron X. 11:45 PM

12:00 AM

A Subtle Foe: Relapse Garret S. (San Diego, CA) Stephanie J. (Sacramento, CA) Brian M. (Sacramento, CA) Moderated by Maddy D.

MAIN **MEETING**

Seeking Balance Jaime W. (Sacramento, CA) Corbin R. (Alexandria, LA) Alys D. (Chico, CA) Moderated by Logan S.

LGBTQ Non-Binary Jay K. (Chicago, IĹ)

Jess P. (Berkeley, CA)

Moderated by Adam J.

FRIDAY PANELS

<u>Tofanelli Room</u>

Bataglieri Room

| 8:00 AM | Military Emily H. (San Francisco, CA) Justin F. (Orange, CA) |
|----------|---|
| 8:15 AM | Justin F. (San Francisco, CA) Justin F. (Orange, CA) Julie W. (Roanoke, VA) |
| 8:30 AM | Julie W. (Roanoke, VA) |
| 8:45 AM | Moderated by Justin K. |
| 9:00 AM | |
| 9:15 AM | LGBTQ Relationships |
| 9:30 AM | Traci H. (Sacramento, CA) Skye (San Diego, CA) |
| 9:45 AM | Dan B. (Sacramento, CA) |
| 10:00 AM | Moderated by Edi B. |
| 10:15 AM | |
| 10:30 AM | Steps 1, 2, 3 |
| 10:45 AM | Steps 1, 2, 3 Garrett V. (Sacramento, CA) Hailey J. (Santa Rosa, CA) Jordan R. (Sacramento, CA) |
| 11:00 AM | obligation (Sablation Co. () |
| 11:15 AM | Moderated by Janessa M. |
| 11:30 AM | |
| 11:45 AM | Bidding for ACYPAA |
| 12:00 PM | Learn what it takes to host your very own ACYPAA conference! |
| 12:15 PM | Did we mention snaccs? |
| 12:30 PM | Did we mention shaces: |
| 12:45 PM | |
| 1:00 PM | Steps 6, 7 |
| 1:15 PM | Brian D. (Reno, NV) Cassie B. (Stockton, CA) |
| 1:30 PM | Emily D. (San Mateo, CA) |
| 1:45 PM | Moderated by Chelsea P. |
| 2:00 PM | |
| 2:15 PM | Dual Diagnosis |
| 2:30 PM | Paola M. (Dana Point, CA) Leslie V. (Sacramento, CA) |
| 2:45 PM | Logan F. (San Diego, CA) |
| 3:00 PM | Moderated by Joseph M. |
| | |
| 3:15 PM | |
| | Steps 10, 11, 12 |
| 3:15 PM | Steps 10, 11, 12 Connor H. (Los Altos, CA) Angela P. (Santa Barbara, CA) |

Moderated by Justin V.

4:15 PM

4:30 PM

Babypaa Cassie E. (Woodland, CA) David C. (Sacramento, CA) Keren W. (Fresno, CA) Moderated by Lizzy M.

Dr.'s OpinionJason S. (Sacramento, CA)
Dr. David Smith
(San Francisco, CA)
Moderated by Richard D.

Manic Schoolbus Matt B. (Irvine, CA) Britney L. (Dallas, TX) Sam N. (Davis, CA) Moderated by Kurra S.

Steps 4, 5 Josh H. (San Francisco, CA) Katie M. (Las Vegas, NV) Kim W. (Sacramento, CA) Moderated by Janessa M.

Relationships Michaley C. (Santa Rosa, CA) Jesse A. (Santa Rosa, CA) Justin H. (Oakland, CA) Moderated by Cassie T.

Steps 8, 9
Bo L. (Fair Oaks, CA)
Kristin H. (Sacramento, CA)
Lauren B. (San Diego, CA)
Moderated by Jennifer D.

Why PAA? Ethan W. (Orange County, CA) Violet P. (Texas) Dwight S. (Santa Rosa, CA) Moderated by Kim W.

FRIDAY PANELS

<u>Tofanelli Room</u>

<u>Bataglieri Room</u>

Moving in Sobriety Jordan H. (Santa Rosa, CA) Veronica N. (Redding, CA) Jake O. (Seattle, WA) Moderated by Chris K. 4:45 PM 5:00 PM 5:15 PM 5:30 PM 5:45 PM 6:00 PM 6:15 PM 6:30 PM

Native American Joshua M. (Ho-Chunk) Corey G. (Kiowa) Issac H. Horn Bear (S. Lakota) Moderated by Douglas LRB W.

MAIN

MEETING

9:45 PM 10:00 PM Grief Taylor M. (Santa Rosa, CA) Jade P. (Citrus Heights, CA) Brian G. (Sacramento, CA) 10:15 PM 10:30 PM Moderated by Emily L. 10:45 PM

11:00 PM

6:45 PM 7:00 PM 7:15 PM 7:30 PM 7:45 PM

8:00 PM

8:15 PM 8:30 PM 8:45 PM 9:00 PM 9:15 PM 9:30 PM

Economic Insecurity Timmy P. (North Highland, CA) Zach S. (Livermore, CA) Eric C. (Sacramento, CA) Moderated by Jeff P. 11:15 PM 11:30 PM 11:45 PM

12:00 AM

12:15 AM

Practicing Principles Online Noel C. (Reno, NV) Omid B. (Santa Barbara, CA) 12:30 AM 12:45 AM ak G. (Sacramento, CA) 1:00 AM Moderated by Chelsea P. 1:15 AM

Never Had a Legal Drink Mike S. (Loomis, CA) Frank C. (Rocklin, CA) Maddie F. (Walnut Creek, CA) Moderated by Jacob M.

Traveling Sober
Gino R. (Orange County, CA)
Emily H. (Woodland Hills, CA)
Charlie G. (Santa Rosa, CA)
Moderated by Neil H.

SATURDAY PANELS

<u>Tofanelli Room</u>

<u>Bataglieri Room</u>

| 8:00 AM | PICPC, Grapevine, BTG | |
|------------|---|---|
| 8:15 AM | Ann H. (Fair Oaks, CA) PICPC | Double-Winners |
| 8:30 AM | Alissa R. (Antelope, CA) BTG Amy M. (Ukiah, CA) PICPC, GV, BTG | Stephanie F. (Sacramento, CA) |
| 8:45 AM | Moderated by Jessica P. | Jessica D. (San Diego, CA) Betty H. (Sacramento, CA) |
| 9:00 AM | | Moderated by Al E. |
| 9:15 AM | CC HOI Intergration | |
| 9:30 AM | GS, H&I, Intergroup Mariana A. (Los Angeles, CA) | |
| | Sammy H. (Olympia, WA) Bob F. (Santa Rosa, CA) | Oldypaa Kendry M. (Sacramento, CA) |
| 9:45 AM | Bob F. (Santa Rosa, CA) Moderated by Cameron J. | Max D. (Santa Clara, CA) |
| 10:00 AM | rioderated by cameron o. | Kris H. (Reno, NV) |
| 10:15 AM | | Moderated by Jannesa M. |
| 10:30 AM | AA History | |
| 10:45 AM | Jackie B. (Šan Francisco, CA) Steve S. (Sacramento, CA) | Alanon/Alateen |
| 11:00 AM | | Nikki S. Brian S. (Hayward, CA) |
| 11:15 AM | Moderated by Al E. | Taylor H. (Pacific, CA) |
| 11:30 AM | | Moderated by Terren G. |
| 11:45 AM | Traditions Workshop | |
| 12:00 PM | Amanda A. (Citrus Heights, CA) Rick K. (Carmichael, CA) | LCDTO Company |
| 12:15 PM | Nancy M. (Sacramento, CA) | LGBTQ Sponsorship Luke S. (Sacramento, WA) |
| 12:30 PM | Moderated by Clare H. | Bre G. (Sacramento, CA) |
| 12:45 PM | | Marquis B. (Sacramento, CA) Moderated by Sandra M. |
| 1:00 PM | Martin Erroria al Caladar | |
| | Men's Emotional Sobriety Jimmy S. (Sacramento, CA) | |
| 1:15 PM | Mehruz S. (Dana Point, CA) | Women's Emotional Sobriety |
| 1:30 PM | Randy G. (Sacramento, CA) Moderated by Cameron J. | Julia N. (Oakland, CA) |
| 1:45 PM | rioderated by cameron o. | Lexe H. (Oakland, CA) Erika H. (Sacramento, CA) |
| 2:00 PM | | Moderated by Janessa M. |
| 2:15 PM | Life Falling Apart Sober | |
| 2:30 PM | Teddi (Oakland, CA) Stephan (San Leandro, CA) | |
| 2:45 PM | Chris M. (Fresno, CA) | Concepts Workshop Kav W. (Escondido, CA) |
| 3:00 PM | Moderated by Brennan G. | Kay W. (Escondido, CA) Jeff P. (Stockton, CA) |
| 3:15 PM | | Katie H. (Folsom, CA) Moderated by Leah D. |
| 3:30 PM | The Family Afterward | ribaciated by Lean B. |
| 3:45 PM | Davey C. (Fairfield, CA) | |
| 4:00 PM | Lora Ć. (San Lorenzo, ĆA) Chris E. (Hayward, CA) | Sponsorship Jacob C. (Elk Grove, CA) |
| 4:15 PM | Moderated by Tim S. | Nick Y. (Sacramento, CA) |
| 4:30 PM | | Tiombe W. (Manteca, CA) Moderated by Chase R. |
| -1.30 F WI | | Troderated by Chase R. |

SATURDAY PANELS

<u>Tofanelli Room</u> <u>Bataglieri Room</u>

| | <u>rojunem noon</u> | <u>"</u> | <u> </u> |
|--|--|----------|--|
| 4:45 PM 5:00 PM 5:15 PM 5:30 PM | Safety in AA Katie G. (Livermore, CA) Jeremy L. (San Diego, CA) Bryn D. (Elk Grove, CA) Moderated by Ashley C. | | Spanish Speaking Jasmine C. (San Jose, CA) Oscar B. (Los Angeles, CA) |
| 5:45 PM | | | Herminia V. (Sacramento, CA Moderated by Edi B. |
| 6:00 PM | | | |
| 6:15 PM | | | |
| 6:30 PM | | | |
| 6:45 PM | | | |
| 7:00 PM | | | |
| 7:15 PM | | | |
| 7:30 PM | | | |
| 7:45 PM | | MAIN | |
| 8:00 PM | | MEETIN | NG . |
| 8:15 PM | | | |
| 8:30 PM | | | |
| 8:45 PM | | | |
| 9:00 PM | | | |
| 9:15 PM | | | |
| 9:30 PM | | | |
| 9:45 PM | | | |
| 10:00 PM 10:15 PM | Drug Addicts Sarah K. (Sacramento, CA) | | |
| 10.13 PM 10:30 PM | Brent W. (Tustin, CA) | | TRANSitioning in Sobriety |
| 10:45 PM | Josh N. (Richmond, CA) Moderated by Alex S. | | Ryker W. (Sloughhouse, CÁ) |
| 10.43 PM 11:00 PM | | | Joanna L. (San Pedro, CA) Emmy O. (Los Angeles, CA) |
| 11:15 PM | Outside Cainite alite | | Moderated by Leah D. |
| 11:30 PM | Outside Spirituality David M. (Covina, CA) | | |
| 11:45 PM | Monique P. (Petaluma, CA) Dan F. (Sacramento, CA) | | Atheist/Agnostic Sandy B. (Mount Shasta, CA) |
| 12:00 AM | Moderated by Clare H. | | Eddie W. (Carmichael, CA) |
| 12:15 AM | | | Sandra M. (Sacramento, CA) Moderated by Kat V. |
| | | | |

Introverts Shaun G. (Rohnert Park, CA) Ada R. (San Francisco, CA) Peter W. (Stockton, CA) Moderated by Rachel S.

12:30 AM

12:45 AM

1:00 AM 1:15 AM 1:30 AM

Working with Temptations
Lindsey W. (Sacramento, CA)
Morgan S. (Sacramento, CA)
Caitlin L. (Sacramento, CA)
Moderated by Jeff P.

HOSPITALITY

<u>THURSDAY, February 27</u>

4:00 PM

SCCYPAA

CLOSED FOR MAIN MEETING

10:00 PM

HICYPAA

FRIDAY, February 28

12:00 AM ORCYPAA 2:00 AM RENVYPAA

4:00 AM Starlight Queers

6:00 AM TITYPAA

8:00 AM MENDYPAA

10:00 AM AOCYPAA 12:00 PM SWACYPAA

2:00 PM SOCYPAA

4:00 PM TUFYPAA

CLOSED FOR MAIN MEETING

10:00 PM

NorCal Bid for ICYPAA

SATURDAY, February 29

12:00 AM REDYPAA

2:00 AM SCVYPAA

4:00 AM Mystery Host

6:00 AM CRUZYPAA

8:00 AM SLOPYPAA

10:00 AM PLAYPAA

12:00 PM SOLYPAA

2:00 PM NSDYPAA

4:00 PM OCYPAA

CLOSED FOR MAIN MEETING

10:00 PM ASCYPAA

SUNDAY, March 1

12:00 AM EBYPAA

2:00 AM GSDYPAA

4:00 AM DCYPAA 6:00 AM TVYPAA

MARATHON MEETINGS

THURSDAY, February 27

10:00 PM Joy of Living Women's Meeting

11:00 PM TITYPAA

<u>FRIDAY, February 28</u>

12:00 AM SCCYPAA

1:00 AM OSYPAA: 112 Meeting

2:00 AM CRUZYPAA

3:00 AM ORCYPAA

4:00 AM COVYPAA

5:00 AM RENVYPAA

6:00 AM 62nd ICYPAA

7:00 AM WACYPAA

8:00 AM NAPYAA

9:00 AM GGYPAA

10:00 AM TUFYPAA

11:00 AM GSDYPAA

12:00 PM MENDYPAA

1:00 PM SOCYPAA

2:00 PM AOCYPAA

3:00 PM SISKYPAA

4:00 PM SOLYPAA

5:00 PM EBYPAA: Inclusiveness

6:00 PM Taco Tuesday Young Women's 12x12

7:00 PM MAIN MEETING

8:00 PM MAIN MEETING

9:00 PM MAIN MEETING

10:00 PM MNNYPAA

11:00 PM REDYPAA

MARATHON MEETINGS

SATURDAY, February 29

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NCB for ICYPAA
12:00 AM
          SWACYPAA 7
 1:00 AM
         Sinking Ship AA Meeting
 2:00 AM
          Night Owls
 3:00 AM
          LACYPAA
 4:00 AM
 5:00 AM
          Young and Restless Meeting SD:
          Being Young and LGBTQ in AA
 6:00 AM
          OCYPAA
          PASYPAA
 7:00 AM
          The Lavendar Heights YPAA
 8:00 AM
          SPARKYPAA
 9:00 AM
          CNIA 01 - District 21:
10:00 AM
          Self Support - Fulfilling Our Primary Purpose
          Tuesday Night Beginner's
11:00 AM
          Wolfpack AA Meeting of Tuscon
12:00 PM
          Rocklin Friday Night YPAA
 1:00 PM
          Traditional Group
 2:00 PM
          CNIA 07: Carrying the Message
 3:00 PM
          TVYPAA
 4:00 PM
 5:00 PM
          ASCYPAA
          SLOPYPAA
 6:00 PM
          MAIN MEETING
 7:00 PM
          MAIN MEETING
 8:00 PM
          MAIN MEETING
 9:00 PM
         SCYPAA: Peculiar Mental Twist
10:00 PM
```

SWACYPAA 7

11:00 PM

MARATHON MEETINGS

SUNDAY, March 1

12:00 AM PLAYPAA

1:00 AM DCYPAA

2:00 AM WSCYPAA: General Service Junkies

3:00 AM HICYPAA

4:00 AM NSDYPAA

ENTERTAINMENT

THURSDAY, February 27

5-6:00 PM Meditation Meeting (Falor)

10PM-12:00 AM Speed Fellowship (Carr)

10PM-1:00 AM Silent Disco (Camellia)

EDM | RAP | EMO

\$20 suggested donation

FRIDAY, February 28

9-10:00 AM Guided Meditation (Falor) w/ Mark S.

10-11:30 AM 12 Step Recovery Yoga (Falor) w/ Shawn K.

12-2:00 PM Badminton (Kamilos/Hendricks/Baker)
w/ Cassie & Chase

2:30-4:30 PM Open Mic/Karaoke
(Kamilos/Hendricks/Baker)
w/ Aaron B.

4-5:00 PM Guided Meditation (Falor)
w/Breina

10PM-1:00 AM Bubblegum Dance (Magnolia)
w/ DJ JGONPLAY

10PM-1:00 AM Rocky Horror Picture Show (Camellia) w/'Page 69'

ENTERTAINMENT

SATURDAY, February 29

9-10:00 AM Guided Meditation (Falor)

w/ Kiki

10-11:30 AM 12 Step Recovery Yoga (Falor)

w/Shawn K.

1-4:00 PM Open Mic/Karaoke

(Kamilos/Hendricks/Baker)

w/ Aaron B.

3-5:00 PM Rap Battle (Camellia)

w/ Krystal & DJ JGONPLAY

10PM-12:00 AM Drag Show (Camellia)

10PM-1:00 AM Hyphy Dance (Magnolia)

w/ DJ Deer Foot

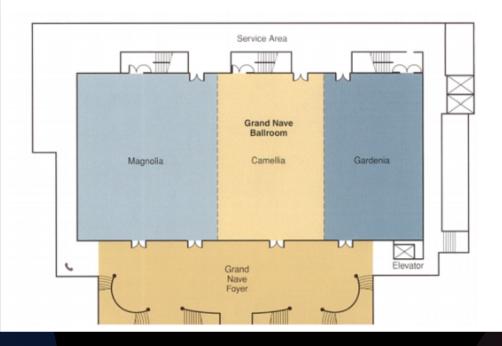
12-2:00 AM Cabaret (Camellia)

SUNDAY, March 1

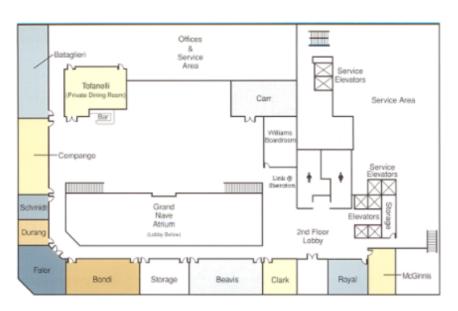
9-10:00 AM Guided Meditation (Falor)
w/ Kristin B.

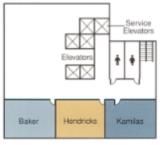
FACILITY MAPS

Ballroom Level



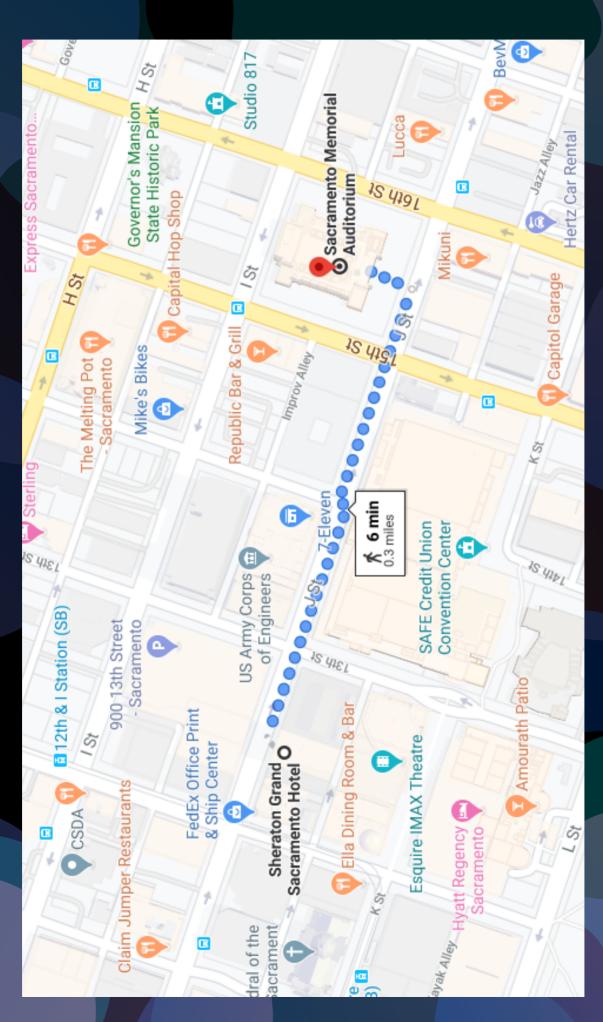
2nd & 3rd Levels





To Access 3rd Floor, Take Main Elevator to "3".

FACILITY MAPS



PARKING

Parking Near Sheraton Grand Sacramento Hotel

Memorial Garage: 801 14th St, Sacramento, CA 95814 (Two blocks from hotel)

Rates:

Thursday & Friday: \$18 per day Saturday & Sunday: \$5 per day

NO OVERNIGHT PARKING!

Lot D: 12th and I St. (Two blocks from hotel)

Rates:

Thursday & Friday: \$10 per day Saturday & Sunday: \$5 per day

NO OVERNIGHT PARKING!

1801 L St. (Eight blocks from hotel)

Rates:

Thursday & Friday: \$20 per day Saturday & Sunday: 18 per day

NO OVERNIGHT PARKING!

THINGS TO EAT

Local Japanese chain serving sushi & small plates & hot entrees in a stylish space. 1530 J St. #150

PUSHKING Gluten-free & vegan versions of brunch classics served in a cool, industrial setup with patio seats.
1813 Capitol Ave.

OLD SOUL GO. Hip coffee bar featuring house-roasted beans, light fare & homemade breads in an industrial setting.

1718 L St. (Rear Alley)

JACKS URBAN EATS

Eclectic salads & sandwiches are the focus of this chill counter-serve chain.

1230 20th St.

PIZZA ROCK Trendy pizza joint featuring rock 'n' roll-themed decor & live music.
1020 K St.

Gangster-ass ice cream and donut shop. 1715 R St. #100

BURGERS AND BREW Sleek local brewpub chain featuring a menu of burgers & sandwiches. 1616 J St. & 1409 R St. #105

Casual Thai restaurant with a classic menu of curries, noodle entrees, soups & salads. 1110 T St.

BURGER PATCH Eco-friendly counter-serve option featuring a menu of vegan burgers, shakes, & sides. 2301 K St.

PUNCH BOWL SOCIAL Scratch kitchen & experiential gaming like karaoke, bowling, and a vintage arcade. 500 J St. Suite 100

BACKBONE GAFE Casual, airy counter-serve stop for vegan & paleo menu items such as bone broth, tacos & sandwiches. 729 J St.

Counter-serve nook preparing fried chicken & other Southern staples with a twist & seasonal veggies. 2005 11th St.

TEMPLE COFFEE Coffee shop offering a variety of espressos & rare java options made with carefully sourced beans. 1010 9th St. & 2200 K St.

THINGS TO DO

STATE CAPITOL Visitors to the Capitol can experience California's rich history and witness the making of history.

1315 10th St. | FREE CATHEDRAL OF THE BLESSED SACRAMENT

A religious and civic landmark featuring beautifully ornate interior. 1017 11th St. | FREE

Old Sacramento is the riverfront historic district, with Gold Rush-era buildings, and cobblestone streets.

1014 2nd St. | Pricing varies

Established museum featuring diverse international works. CROCKER ART MUSEUM 216 O St. | \$12 (adult admission)

The oldest restored fort in the U.S. depicts pioneer life via costumed docents, programs & exhibits. 2701 L St. | \$5 (adult admission)

Landmark bridge with 160-ft. towers & a vertical lift system, plus vehicle and pedestrian lanes. Intersection of Front St. & Capitol Mall | FREE TOWER BRIDGE

PPE WORKS

Cavernous rock climbing gym with instruction & clinics available, plus fitness classes & equipment.

116 N. 16th St. | \$20-25 (day pass)

CALIFORNIA MUSEUM Museum & Hall of Fame dedicated to California's cultural & ethnic history. 1020 O St. | \$9 (adult admission)

MERCHANDISE (CARR)









